



Any questions, comments or concerns please don't hesitate to speak to me ☺ Thanks- Malinda and R&R staff. Please note: If we are away from the Marie Sharpe building a sign will be posted on the front doors with our whereabouts! ☺

Rec & Roll

October 2017

Rec & Roll Cell Number
250-305-8324

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Veggies, Dip & Crackers Drama/Craft	3 Make your own Trail Mix Gym /Playground	4 Yogurt Tubes & Fruit Kiwanis or Sacred Heart Park	5 Rice Cakes, Cream Cheese & Jam Gym /Playground	6 Cereal & Milk Fun Friday!	7
8	9 Happy Thanksgiving! 	10 Rice Cakes, Cream Cheese & Jam Gym /Playground	11 Apples & Yogurt Dip Centers	12 Cheese, Meat, Crackers & Pickles Gym /Playground	13 Granola Bars & Fruit Fun Friday!	14
15 Early Dismissal All Week- Rec and Roll from (2:00-5:30)	16 Wraps Drama/Craft/Baking	17 Yogurt Parfaits Gym /Playground	18 Meat, Cheese, Pickles & Crackers Centers	19 Fruit Plate & Graham Crackers Gym /Playground	20 Pro D Day! Separate Itinerary	21
22	23 Graham Crackers & Applesauce Drama/Craft	24 Cereal & Milk Gym /Playground	25 Cookies & Fruit Centers	26 Veggies, Dip & Crackers Gym /Playground	27 Munchies and Juice Fun Friday!	28
29	30 Birthday Snack Drama/Craft	31 Apple Surprise  Happy Halloween!				