September to June Pool Schedule

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
	Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure	Lap	Leisure
5:30	Rentals Available Until 10:00am		5:30-9:00am Lane Swim (6 lanes)		5:30-6:30am (6 lanes)		5:30-9:00am Lane Swim (6 lanes)		5:30-6:30am (6 lanes)		5:30-6:30am (6 lanes)		Rentals Available Until 10:00am	
6:00					6:30-8:00am Swim Club (3 lanes)				6:30-8:00am Swim Club (3 lanes)		6:30-8:00am Swim Club (3 lanes)			
6:30														
7:00														
7:30														
8:00											8:00-9:00am (4 lanes)			
8:30				8:30am-8:00pm Everyone Welcome Swim	8:00-10:00am Lane Swim (4 lanes)	8:30-10:00am Everyone Welcome Swim		8:30-10:00am Everyone Welcome Swim	8:00-10:00am Lane Swim (4 lanes)	8:30-10:00am Everyone Welcome Swim		8:30am-6:00pm Everyone Welcome Swim		
9:00			9:00-9:45am HIIT (2 lanes)				9:00-9:45am HIIT (2 lanes)				9:00-9:45am HIIT (2 lanes)			
9:30														
10:00	10:00am-1:00pm Lessons & Lane Swim (3 lanes)	10:00am-12:00pm Closed for Lessons	9:45am-12:00pm Lane Swim (6 lanes)		10:00am-12:00pm School Swim (2 lanes) When there are no school swims - Everyone Welcome Swim (3 lanes)						9:45am-12:00pm Lane Swim (6 lanes)		10:00am-1:00pm Lessons & Lane Swim (3 lanes)	10:00am-12:00pm Closed for Lessons
10:30														
11:00														
11:30														
12:00			12:00-12:45pm Aquafit (1 lane)	Everyone Welcome Swim	12:00-1:00pm (6 lanes)	12:00-3:30pm School Swim & Everyone Welcome Swim	12:00-12:45pm Aquafit (1 lane)	12:00-8:00pm Everyone Welcome Swim	12:00-1:00pm (6 lanes)	12:00-3:30pm School Swim & Everyone Welcome Swim	12:00-12:45pm Aquafit (1 lane)	Everyone Welcome Swim		
12:30														
1:00			12:45-3:30pm Everyone Welcome Swim (3 lanes)		1:00-1:45pm Aquafit (1 lane)		12:45-3:30pm Everyone Welcome Swim (3 lanes)		1:00-1:45pm Aquafit (1 lane)		12:45-3:30pm Everyone Welcome Swim (3 lanes)		1:00-8:00pm Everyone Welcome Swim (2 lanes)	
1:30	1:00-6:00pm Everyone Welcome Swim (2 lanes)				1:45-3:30pm Everyone Welcome Swim (3 lanes)				1:45-3:30pm Everyone Welcome Swim (3 lanes)					
2:00														
2:30														
3:00		12:00-6:00pm Everyone Welcome Swim		Everyone Welcome Swim				Everyone Welcome Swim				Everyone Welcome Swim		12:00-8:00pm Everyone Welcome Swim
3:30			Lap Pool Closed 3:30-6:00pm		Closed for Lessons 3:30-6:00pm	Closed for Lessons 3:30-6:00pm	3:30-6:00pm Swim Club (1 lane)		Closed for Lessons 3:30-6:00pm	Closed for Lessons 3:30-6:00pm	Lap Pool Closed 3:30-6:00pm			
4:00	4:00-6:00pm 2 lanes (Upon request)													
4:30														
5:00													5:00-8:00pm 2 lanes (Upon request)	
5:30														
6:00	Rentals Available After 6:00pm		6:00-7:30pm Everyone Welcome Swim (3 lanes)	Everyone Welcome Swim	6:00-7:30pm Everyone Welcome Swim (3 lanes)	6:00-8:00pm Everyone Welcome Swim	6:00-8:00pm Everyone Welcome Swim (3 lanes)	Everyone Welcome Swim	6:00-7:30pm Everyone Welcome Swim (3 lanes)	6:00-8:00pm Everyone Welcome Swim	6:00-8:00pm Friday Night Fun Night (No lanes)			
6:30														
7:00														
7:30			7:30-8:15pm Aquafit (1 lane)		7:30-8:15pm Aquafit (1 lane)				7:30-8:15pm Aquafit (1 lane)					
8:00											Rentals Available After 8:00pm			
8:30			8:00-9:00pm Toonie Swim (3 lanes)											

Brackets ( ) indicate number of lanes available

Schedule is subject to change without notice