


Welcome Back! Any questions, comments or concerns please don't hesitate to speak to me 😊
 Thanks Malinda and R&R staff-
 Please note if we are away from the school a sign will be posted on the front door 😊

Rec & Roll

Rec & Roll Cell Number
 250-305-8324

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2  Labor Day	3 11-5:30 First Day Yogurt Tubes & Fruit Kiwanis Park	4 Make your own trail mix Centers/Playground	5 Rice Cakes, Cream Cheese & Jam Gym /Playground	6 Muffins & Fruit Playground/Centers	7
8	9 Veggie Kabobs & Goldfish Crackers Drama/Craft	10 Apples & Yogurt Dip Gym /Playground	11 Granola Bars & Fruit Kiwanis or Sacred Heart Park	12 Crackers, Cheese, Pickles & Meat Gym /Playground	13 Baking & Fruit Kiwanis or Sacred Heart Park	14
15	16 Crackers, Cheese, Pickles & Meat Drama/Craft	17 Graham Crackers & Applesauce Gym /Playground	18 Yogurt Tubes & Fruit Kiwanis or Sacred Heart Park	19 Cookies & Fruit Gym /Playground	20 NO SCHOOL OR REC & ROLL-- CURRICULUM IMPLEMENTATION DAY	21
22	23 Rice Cakes, Cream Cheese & Jam Drama/Craft	24 Yogurt Parfaits Gym /Playground	25 Veggies, Dip & Crackers Centers	26 Birthday Surprise Snack☺ Gym /Playground	27 Pro D Day Separate Itinerary	28
29	30 Cereal & Milk Drama/Craft					